Haushe Suganthan

CLASS of 2020

Degree and area of specialization:
BSc Double Major in Environment and Health, Human Biology, Minor in Immunology

Why did you choose to study in the School of the Environment?
I am very interested in environmental determinants of health and how it integrates with human biology. The School of the Environment allowed me to apply diverse concepts of environmental change, and determinants throughout biological sciences and human health.

What is your favourite memory from your time with the School?
I enjoyed the hands-on experience where I was able to take a course where the labs were on the field. This allowed me to explore and learn outside the classroom in a natural setting.
What have you learned about yourself through the program?

Although I came into U of T with a keen interest in life sciences, I was able to really broaden my understanding and interests through taking courses in varying disciplines through the School of the Environment. This refined my interests and taught me a lot about environmental impacts and the daily life changes we can make to better our health, our surroundings, and the environment.

Do you have any advice for incoming students?

Broaden your scope of interests, take courses outside of your designated programs, and try to learn something that can not only better yourself but those around you.

What are your plans upon graduation?

I will be joining the Cell and Systems Biology Department for a MSc, and further graduate research hopefully!

How have you been affected by the global COVID-19 pandemic? What are your thoughts about the future?

It has been an interesting experience, as most exams are online. Spring Convocation, which I was to attend is cancelled, and it puts a lot into perspective. Hopefully, we have the technology and means to fight this virus, as long as we are practicing and maintaining rules of social distancing and hygiene, and in due time this will all be over, and life can go back to normal.