Lara Werbowski

CLASS of 2020

Degree and area of specialization:
Hons. BSc Double Major in Environmental Science and Psychology, Minor in Environmental Studies

Why did you choose to study in the School of the Environment?
I’m passionate about protecting the environment and have diverse academic interests. The School of Environment (an interdisciplinary unit) was the obvious choice.

What is your favourite memory from your time with the School?
My favourite memory is wading through the Humber River during the ENV316 field trip. I’ll never forget the feeling of handling fish with my bare hands!
What have you learned about yourself through the program?

The program has reinforced my passion for protecting the environment. I've also learned that I may be interested in pursuing a career in research.

Do you have any advice for incoming students?

There are so many opportunities in the School of the Environment and at U of T more broadly. Try your best to take advantage of them. Of course, try your best to maintain a school-life balance too. U of T can be demanding, so taking care of yourself should be the number one priority!

What are your plans upon graduation?

My plans are a bit up in the air because of the pandemic. I'm hoping to gain some work experience, then apply for a master's degree.

How have you been affected by the global COVID-19 pandemic? What are your thoughts about the future?

The pandemic has made my post-graduation plans a bit uncertain, but thankfully I am staying safe and healthy. Overall, I am cautiously optimistic about the future. The pandemic has demonstrated how quickly society can transform, and I am now more hopeful about our ability to address the sustainability challenges of our time.